

# STUDENT/STAFF SICKNESS GUIDELINES

**The following illness guidelines will be strictly enforced, for the health, well-being and safety of all students and staff. This is in addition to following the district “Handling Suspected, Presumptive or Confirmed Cases of Covid-19” Flowchart.**

## GUIDELINES:

Children should not be sent to school with any signs or symptoms of illness (see below) or if they are not able to participate in normal daily routine activities within a school day. Sick children expose other children and staff members to illness. We ask for your cooperation, as this is very important in providing a healthy and an optimal learning environment.

In the event a child becomes ill during the school day and needs to be picked up, the parent/guardian will be contacted to pick up the child as soon as possible. If the parent/guardian cannot be reached, the emergency contact person will be called.

Notify the school nurse as well as the Main Office if your child's absence is due to illness. If you leave a voicemail, please include the symptoms and if the child has had exposure to Covid-19. The school nurse will contact you for further details.

## WHEN TO KEEP YOUR CHILD HOME:

- **CHILLS/FEVER:** Temperature of **100.0** Fahrenheit or more. Lethargy, malaise, fatigue, body aches, behavior changes.  
**Must be FEVER-FREE for 24 hours WITHOUT the use of fever-reducing medicine.**
- **VOMITING:** Any nausea or vomiting. Must be free of nausea/vomiting for 24 hours before returning.  
**NOTE: please do not send your child if he/she vomited during the night or in the morning.**
- **DIARRHEA:** abdominal cramps, behavioral changes, looks/acts ill.
- **RESPIRATORY:** difficulty breathing/wheezing, cough, shortness of breath, loss of taste or smell.
- **COLD SYMPTOMS:** congestion, sneezing and runny nose.
- **THROAT:** sore throat, painful to swallow, swollen glands.  
If diagnosed with Strep throat, must complete 24 hours of antibiotics and be **fever free**.
- **CONJUNCTIVITIS:** eye must be free of discharge and if bacterial, must complete 24 hours of antibiotic treatment.
- **RASH:** undiagnosed or unknown rash (a rash that has not been seen or treated by your MD).
  - **IMPETIGO/MRSA/STAPH** - May return 24 hours after treatment begins - wound must be fully covered on all 4 sides.
  - **RINGWORM:** may return after treatment begins. The wound must be covered for the first 48 hrs. of treatment.
- **COVID-19 Exposure:** Any exposure to someone with COVID-19 or travel to an area of high transmission.  
(See NJ and CDC Travel Advisories)

If antibiotic treatment is needed, your child is to remain home for the first full 24 hours of medication. (e.g. if your child has 3 doses ordered per day, then 3 doses must be administered prior to returning to school).

## WHEN IS A PHYSICIAN NOTE NEEDED?

- Absent or attending school virtually instead of in person for three (3) or more consecutive days
- Has had surgery
- Is returning after a hospitalization and/or requires exclusion from gym or use of an assistive device such as crutches
- Has been under a doctor's care for a significant illness
- Is returning after being excluded because of a communicable disease or symptoms of communicable disease

**Please see “Handling Suspected, Presumptive or Confirmed Cases of COVID-19” flowchart below.**

**Contact your school nurse if you need further guidance.**

# Handling Suspected, Presumptive or Confirmed Cases of COVID-19

